

Confidence Vote Refused - House Adjourns At 3:05

OTTAWA — The Commons adjourned at 3:05 p.m. today, after refusing a government request for an immediate debate on a motion asking for confidence in the Pearson administration.

All opposition leaders turned back Prime Minister Pearson's request that the usual 48-hour waiting period for such motions to be debated be waived in this case.

Just before the Commons adjourned, former Prime Minister Diefenbaker was on his feet saying that the government was trying to wipe out the Commons' vote of Monday night which brought on the Parliamentary crisis. Mr. Diefenbaker asked: "Is Parliament to be throttled again as it was in 1959?"

The induction ceremony was carried out by Past President Lion Bert Brennan.

After a rousing Lions year opened by Herb Treener at the piano and a personal welcome from each Lion to the new members, the meeting adjourned.

The Prime Minister arose at 2:36 p.m. EST, moments after the sitting was called to order, to propose the motion on which he has said the government will stand or fall.

He was saluted by desk-thumping applause by the crowded Liberal benches. It lasted about 30 seconds.

Then he read the proposed motion which says simply the house does not regard the vote on the tax bill as one of non-confidence. He had to start twice because of the opposition uproar.

Mr. Pearson added: "I ask for unanimous consent that, notwithstanding the 48-hour regulation, this motion be considered at once by the house."

To the chorus of jeers as he tried to read the motion, Mr. Pearson remarked that the opposition MPS "seem a little excited." He appeared for a chance to complete reading of the motion.

Opposition leader Stanfield was on his feet as Mr. Pearson concluded. He said "the government has no right to put any business before this house, including a motion of confidence."

He said the government had been defeated on a bill to raise taxes, describing it as a fundamental part of the government's program and therefore a clear issue of confidence.

Lions Initiate New Members

The regular meeting of the Kenora Lions Club was held in the ballroom of the Kenelco Hotel with Lion President Alex Miller in the chair.

It was announced by Lion President Alex that the Kenora Lions original pledge to the Community Centre was \$7,000 and that we now have paid \$6,000 of this amount.

The Kenora Lions were honoured by a visit from a former member of the club, Herb Treener.

Lion Link Linkletter was presented with a plaque in recognition of the many years of devoted service which he gave to the Lions Club as chairman of Sight conservation.

Best wishes from the club members were also extended to him

and his family on his retirement and move to Victoria, B.C.

The Lions are sponsoring, chaperoning and underwriting any deficit in connection with the Recreation Centre opening tea dance.

Two new members were initiated into the club. They are Vern Munro and Mike Humphry, both were sponsored by Past President Lion Bill Mazepka.

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Lake Of Woods Band Notes

- 1. Promoted to the Senior Band - Eileen Anderson, Alto Horn; Karen Zrobach, Trumpet. 2. Practise - February 22nd, 1968 (Thursday) at 7:00 p.m. at Masonic Hall. 3. All members getting ready for 3rd Annual Concert to be held in Beaver Eeze Auditorium on Friday, March 29th, 1968. 4. All members required at opening of Kenora Centennial Arena, Friday, March 1st, 1968. Uniforms to be worn. Details later.

Jaffray Melick Credit Union Votes To Expand

At their Annual Meeting held in the auditorium of Valleyview School on Monday, February 16, 1968 the members of Jaffray Melick Credit Union voted to expand their board of directors to include the residents of Reddit, Kirkton, Haycock and Potteryville. For years now the directors report has had the complaint that a great deal of money is available in the Credit Union for loans; this year was no exception. At the present moment there is close to \$20,000 in investments outside the community which would be better employed in furthering the interests of the Credit Union if it were issued in loans to the members. It is hoped that, with the widening of the scope of membership, this very desirable aim will be attained.

All retiring officers were re-elected. Dave Brown and Peter Kachor to the board of directors; Miss Jasmine Coward to the supervisory committee and Mrs. B. J. Jeffrey to the credit committee. In each case the term of office was three years.

Another amendment to the by-law permitted the board of directors to be enlarged to seven members, as a result of this Mr. H. Jackson was elected to the board.

Undivided earnings were distributed thus: the mandatory 30% was transferred to the guaranteed fund, \$20.00 to the education fund, 4% dividend on share and an 8% rebate on interest paid in 1967 by loanees who had fulfilled 75% of their commitment. A call was made to members to help extend the operation of the Credit Union to the benefit of all in 1968.

Sunny weather will continue over most of the forecasted today. Temperature tonight and tomorrow will be a little milder in most of Manitoba and in northern Ontario. Cloud is spreading southward over northern Ontario and will reach Lake Superior late this afternoon.

REKORNA - Sunny today and Thursday. Little change in temperature. Winds northwest 15 today and light tonight and tomorrow. Low tonight and high on Thursday at Kenora, Fort Frances, Sioux Lookout 25 below and 5 below and for the Favourable Lake region 25 below and 10 below.

Smiles - The government is concerned about the population explosion - but it's also true that the population is concerned about the government explosion.

POLLUTION AFFECTING WILDLIFE AND HUMANS

OTTAWA - Many of the discarded wastes of our affluent society - which has been called effluent society by some - are affecting wildlife as well as humans, according to Dr. David A. Munro, Director of the Canadian Wildlife Service.

"Speaking to the annual meeting of the Ontario Federation of Anglers and Hunters in Toronto today, Dr. Munro said that "the situation is so serious that the possibility of natural reproduction of fish in some North American waters has been reduced or eliminated because of the presence of chemicals that are used to control objectionable insects."

He said that while treatment of domestic and industrial wastes can make water reusable, many pesticides persist and appear in greater and greater concentrations along a food chain. In one study of herring gulls, pesticides that were present in the mud of Lake Michigan were concentrated 35,000 times in herring gulls that ate fish which had fed on lake-bottom organisms.

It has definitely been established that some pesticides are inhibiting reproduction of some species of fish and birds.

Hunters themselves are polluting our waters. Ducks mistake expanded lead shot for grit or food and the North American loss of ducks to lead poisoning "may be as great as the harvest by all of Ontario's waterfowl hunters - 750,000 ducks per year."

The Canadian Wildlife Service is working with other agencies to develop non-toxic shot which will also have ballistics that will reduce crippling loss too. The ideal shot would not harm ducks if eaten and would kill ducks at 45 yards but patter helplessly off feathers at 50 yards and beyond.

Crippling loss estimates have run as high as 50 per cent of the legal limit in some areas. Dr. Munro said that loss could be reduced greatly if hunters would avoid trying long shots. Increased use of retrieving dogs would also cut losses.

The Canadian Wildlife Service is now developing proposals to both purchase and lease wetlands, natural ponds and marshes in Ontario for sustained waterfowl production.

SPEAKER OUTLINES AIMS AND OBJECTS OF ROTARY

Past District Governor of the Rotary Club Ed Byers spoke to members at their regular luncheon meeting and took advantage of the occasion of Rotary's anniversary to familiarize all with the humble founding of the organization, through the steps of its tremendous growth to where it now embraces 13,000 clubs in 139 countries with a membership of 625,000.

Rotarian Albert Olson brought members up to date on plans for the staging of a gala Marvils-Gras skating carnival in conjunction with the official opening of the Recreation Centre. Rotarians will be in charge of this event which will be open to the public, free of charge. He asked for some volunteers for assistance at the carnival.

Dick Schneider, secretary, said attendance was 79.63 per cent and last week's attendance figure had been 97.4 per cent. Plans are just about finalized for the Radio Day to be put on by the club on February 29th.

A report was received that Al Sherrett was making good progress in hospital and would soon be released.

Introduced by Vice President Stuart King, the guest speaker said that on the 23rd of February, 1905 a young attorney of Chicago, Paul Harris, invited three men to meet with him in an office in the Unity Building. The four men decided that evening to organize a club based on the idea that men in business could be, and should be, personal friends.

The following day Harris invited Harry Ruggles, a printer, in the proposed club. Ruggles, in turn got Will Jensen, a real estate dealer interested in a short time the Rotary organization was completed with Silverster Schile as President.

Each of the first six members of the first Rotary Club was a stranger in a large city, all having come from small towns to go into business. Each was lonely and felt the need of personal friendship.

Thus the aim of the first Rotary Club was to help men in business to be personal friends.

Club was encouragement of friendship, fellowship and mutual assistance. Out of this grew the basis of membership, one active member from each business and profession became one of the cornerstones of Rotary.

The second Rotary Club was formed at San Francisco. By 1910 there were ten clubs in the United States, in 1922 the International Association was formed to provide charters for countries outside of the U.S. and the name shortened to Rotary International. Paul Harris was the first president and when he passed away in 1947 he was president of Rotary International.

The first Rotary Club was organized outside the States in Winnipeg, Manitoba in 1910. The first club organized of north America was in Dublin, Ireland in 1911. Then followed Latin America in Havana, Cuba in 1916. First in Asia in Manila of the Philippines in 1919, first in Europe in Madrid, Spain in 1920, Africa, Johannesburg in 1921, Australia, Melbourne in 1921 and this growth has continued.

The fellowships created, the improvement in the conduct of business (Continued on Page 6)

Missing Youth Object Of Search

An eighteen year old student at Deaver Park Secondary School in Kenora, Joseph Wapiok, is the object of a search by Ontario Provincial Police in the Kenora area. Wapiok, whose home is at Shoal Lake, has been residing in Kenora while he attended classes.

The Ontario Provincial Police said the youth is 6 feet tall, weighs 135 pounds and is of slim build. When last seen February 19th, he was wearing glasses and was clad in a blue checked shirt and blue slacks.

Anyone having information as to the whereabouts of Wapiok is asked to get in touch with the Ontario Provincial Police at Kenora.

Late News Bulletins

WINNIPEG - St. James City Council has ratified a new one-year waste contract with its public works employees. The contract is retroactive to January 1st and gives the workers a 15-per-cent wage increase. The least will raise the hourly pay of sanitation workers to \$2.30 from two dollars and of temporary help to \$1.99 from \$1.73.

WINNIPEG - It's still never on Sunday for billiard halls in Winnipeg. A judge dismissed with costs today applications by two billiard parlour operators for permission to open their establishments on Sundays under a bylaw which permits commercial sport on the Sabbath. The city of Winnipeg was the defendant. Mr. Justice Gordon Hall said in a court of Queen's Bench judgment that the substantive issue is whether billiards, pool and snooker are in fact the type of sports mentioned under the city bylaw and in his opinion they are not.

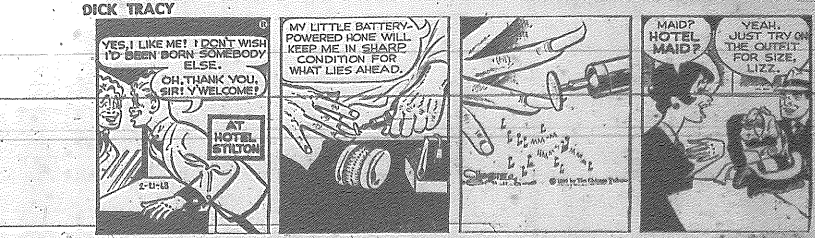
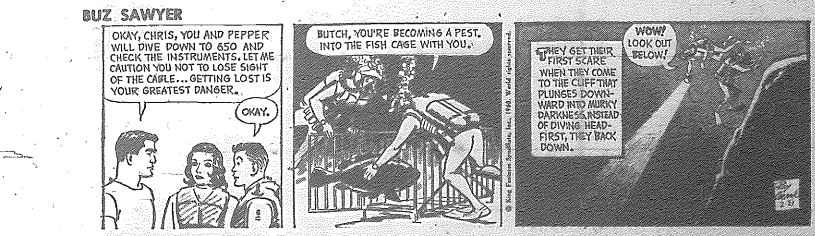
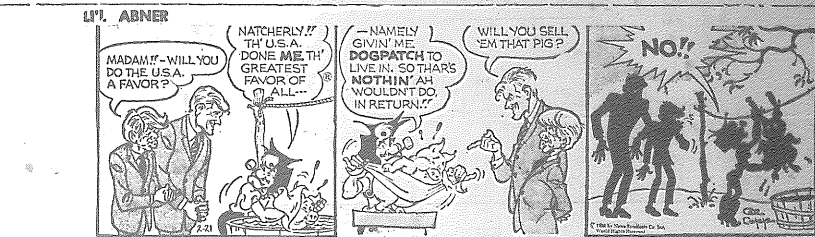
The bylaw allows the showing of motion pictures, the performing of concerts and plays in theatres and halls and lists a variety of accepted sports. The same bylaw permits Sunday operation of bowling alleys.

Three Canadian banks have announced increases in the interest rate on saving accounts. The Bank of Montreal says it will pay five per cent interest, minimum monthly, on balances in non-checking true saving accounts. The move is effective March 1st. The Royal Bank of Canada also says it will increase from four and one-half to five per cent the interest rate paid on bonus saving accounts, effective March 1st. In all cases, the increases apply only to non-checking true saving accounts.

Informants in Ottawa say Canada may ask the U.S. to discontinue nuclear flights over this country. This may be the price Canada will demand to remain in the North American Air Defence Command. The present ten-year NORAD agreement expires in May and negotiations already are under way on a renewal. Defence officials in Ottawa say the need for patrols of aircraft carrying nuclear bombs has disappeared with the installation of missiles. They say the U.S. has more than enough nuclear missiles in underground silos and in submarines. It is believed U.S. planes carrying hydrogen bombs make hundreds of flights over Canada each year.

A Montreal newspaper says specialists in crime have held two "summit conferences" in the city during the last week. La Presse adds that the talks involving safe-cracking experts and others revolved around "co-ordination of activities." A provincial Police spokesman said law enforcement officials have not been able to verify the reports. However, police were prepared to handle any concentrated activity by underworld elements. He noted the absence of tabularies in areas under provincial Police jurisdiction during recent weeks, and said this was "not entirely due to chance."

Soviet Premier Kossygin is celebrating his 64th birthday in Moscow today, but there is no public ceremony, honoring the Premier. It is traditional in Russia. The only time an official is publicly honored for his birthday is on his 50th, 60th, 70th and so on.



Mahogany Plywood Prefinished - 3/16" - 4' x 8" 4.10 Plain Ribbon - 3/4" - 4' x 8" 14.95 SALE LASTS UNTIL FEBRUARY 29, 1968 LINDSTROM & NIELSON LTD.

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ON THE SPORTS BEAT

Crow Lake And Shamrocks Lead In Commercial

Goal lights were flashing like neon signs on Sunday night in the Commercial hockey league at the Recreation Centre Arena.

STANDINGS
As of February 18th

Team	GWLTFAFP
Shamrocks	5 4 1 0 4 16 8
Crow Lake	5 4 1 0 3 17 8
Mahawks	5 3 0 2 24 19
Whitefish	5 3 2 0 24 16
Royals Aces	5 2 2 0 30 15 4
Royals	5 2 3 0 17 32 4
Kings	5 1 4 0 16 22 4
Whitegold	5 0 5 0 30 54 0

Game won by Protest
Game lost by Protest

In the first game the Aces were up for this game against the Grassy Narrows Royals taking Royals by a 12-0 score. Bill was the top marker for the Aces.

The biggest upset of the night was

In the second game, when the Whitefish Bay Team defeated the Kenora Mahawks by 6-3 score. Alex Medicine was the main spark for the Whitefish team.

In the third game Keewatin Shamrocks met the winless Whitegold Falls team. Shamrocks went wild with this weak team ramming in 20 goals to the hapless Whitegold.

In the final game of the night the Crow Lake Chiefs squeaked out a 5-4 win over Kenora Kings. By the way the Kings will be out in their new sweaters next Sunday as reported by manager Fred Sinclair.

PARAMOUNT

SHOWING
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The glamour and greatness... The speed and spectacle!

METRO GOLDWYN MAYER
Grand Prix

Wed., Fri., Sat. - 2:15
Evenings One Complete Showing
Only 8:30 p.m.
Doors Open 7:30

Kenora Minor Hockey Standings

BANTAM 'A'

Team	P	W	L	T	Pts
Ridout	13	12	0	1	25
Nordstrom	15	10	3	2	22
Norham	15	8	1	13	13
L & N	15	9	1	11	11
L & N	15	4	8	11	11
C. J.	13	1	10	2	4

BANTAM 'B'

Team	P	W	L	T	Pts
Evergreen	13	10	1	2	22
Rabbit Lake	10	5	4	1	11
Lakeside	11	3	7	1	7

Elks Numbers

Today's Numbers—
I-23, B-14,
O-71, N-38

Numbers To Date—
N-41, I-17, B-1, I-22, I-31, B-11,
B-11, G-38, O-65, G-22, N-12, I-22,
O-73, B-9, I-26, O-61, N-33, G-33,
B-2, O-68, B-8, N-39, O-75, O-74,
B-4, O-72, O-63, N-31, O-62, N-22,
B-15, I-20, O-70, G-55, O-67, B-15,
G-59, I-19, I-21, N-45, G-30, N-43,
B-6, B-7, I-16, G-60, N-35, N-41.

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EUROPEAN - AMERICAN
AND CHINESE MEALS
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AIR-CONDITIONED

JUVENILE PLAYERS STANDINGS

Name	Team	G	A	Pts
J. Robertson	Lakewood	19	6	25
Drygaski	Lakewood	10	13	23
Mckellar	Keewatin	10	7	17
A. Nelson	Keewatin	9	6	15
Nelson	Lakewood	1	7	8
Forstny	Lakewood	1	7	8
Scribbo	Beaver Brae	6	7	7
Morrison	Beaver Brae	2	5	7

TEAM STANDINGS

Team	P	W	L	T	Pts
Lakewood	10	7	3	0	17
Keewatin	11	3	7	8	8
Beaver Brae	9	2	1	6	5

TO SUNDAY, FEBRUARY 18th

Team	P	W	L	T	Pts
Keewatin	17	10	4	3	23
Kantola	18	11	6	1	23
Krons	18	11	5	3	23
Edwards	17	7	8	2	16
Rabbit Lake	18	1	16	1	3

SEMI-FINALS

Best 2 out of 3
First Place vs. Fourth Place
Second Place vs. Third Place

FINALS
Best 3 out of 5

KENORA - KEEWATIN INTER-CLUB CURLING

RIOCH TROPHY
Monday, February 26th
Only Kenora vs. Keewatin Games
Count Towards Trophies

7:00 p.m.

Team	P	W	L	T	Pts
Dingwall - W. Brown	15	10	3	2	22
McCleod - Hanson	15	9	1	11	11
Tresor - Kostick	15	4	8	11	11
H. Johnson - Baker	13	1	10	2	4

9:00 p.m.

Team	P	W	L	T	Pts
Evergreen	13	10	1	2	22
Rabbit Lake	10	5	4	1	11
Lakeside	11	3	7	1	7

Kenora Men's Curling Schedule

Wednesday, February 21st
7:30 p.m.

Pullock - Ortlich
Wiebe - Westlund
Webb - M. Peterson
Gleason - Sanna
Dingwall - D. Brown

How To Feel Fit At Any Age

Most people who exercise at all are going about it the wrong way, according to an article in the March Reader's Digest.

A U.S. Air Force doctor who has evaluated more than 5000 subjects for an Air Force study on exercise says such popular exercises as isometrics, isotonics and calisthenics do little if anything to improve the overall health of the body.

Following four years of intensive

SPORTS BRIEFS

HOCKEY

Coches Punch Imbach has the distinction of guiding the Toronto Maple Leafs into the playoffs every year since he joined the National Hockey League team in 1958. But that impressive record appears in danger of being ended.

At the moment the fifth-place Leafs trail fourth-place Boston by nine points. The situation isn't completely hopeless but Toronto needs a big winning spurt in order to get back into the fight for the final playoff berth.

The Leafs hope the return of Defenceman Tim Horton will help them back on the winning track after a prolonged slump.

Horton will see action tonight in Toronto against the St. Louis Blues in one of five scheduled games. This sends fill-in Andre Hinse back to Tulsa of the Central Pro league.

The Leafs are also expected to give Cory Ungers, up from Rochester of the American League, another shot at left wing. He came to camp on an injured knee but has impressed assistant coach King Clancy with his hustle.

In tonight's other games, the Montreal Canadiens visit the New England Squads in New York to meet the Rangers. Boston will be in Minnesota. Philadelphia is at Pittsburgh and Chicago plays at Oakland. For Chicago it will be the start of a five-game road swing before returning home to meet Boston March 6th.

The longtime president of the United States Amateur Hockey Association, Tom Lockhart, is the third recipient of the Lester Patrick Memorial Award. It goes annually to the person contributing outstanding ser-

Research Major Kenneth Cooper, M.D., has developed a revolutionary new method of aerobic fitness based on forcing the body to consume carefully measured increased amounts of oxygen. The exercises are called "aerobics," meaning "with oxygen."

The Digest article (condensed from a book to be published soon) says: "The best kind of fitness is the ability to do prolonged work without fatigue. It has to do with the body's overall health—the health of the heart, the lungs, the entire cardiovascular system and the other organs, as well as the muscles."

"The best exercises to achieve such fitness are running, swimming, cycling, walking, stationary running, handball, basketball and squash—in just about that order.

Aerobic exercises have been shown through studies to cause "wonderful changes to take place in the body," according to the article. If properly followed an aerobic exercise program will increase lung power; will strengthen the heart and slow its action by as many as 3000 beats every day; will increase the number and size of blood vessels and perhaps add to the volume of blood itself; and will improve the tone of muscles and blood vessels, thereby often lowering blood pressure.

Key to success in the aerobics program is a point system; a minimum of 30 points a week must be maintained, with exercise performed at least four times weekly, or every other day.

Following are some examples of weekly point values, based on completing each exercise in the time allotted five time a week.

- Running a mile in 13½ minutes or less 10 points.
 - Swimming 100 yards in 2½ minutes 6 points.
 - Cycling two miles in 7.45 minutes 10 points.
 - Walking a mile in 15 minutes 5 points.
 - Playing handball, basketball or squash for 10 continuous minutes 7½ points.
 - Vigorous running in place for 2½ minutes 4 points.
- Point values for less strenuous exercises include 3 points for 18 holes of golf, 3 points for skiing or playing football for 30 minutes; one point for 15 minutes of skating; and 1½ points for one set of tennis. The recommended minimum of 30 points weekly may be amassed by any combination of these exercises. As your heart becomes stronger during the training program, says Major Cooper, "eventually there comes a time when you get all the exercise you need without feeling it."
- To check your present condition, sit still for five minutes, then take your pulse and count the beats per minute. If you're at 80 beats or above, you are not in top condition. Another check is to see how far you can get in a run-walk combination in 12 minutes. If less than a mile, your condition is poor. From 1¼ to 1½ miles, you're in fair shape. If you can do 1¾ miles or more, your condition is excellent. (About 80 percent of North Americans can do only 1¼ miles or less.)

Major Cooper stresses the need for everyone who starts the aerobics program to get his doctor's permission first. Once having gotten permission, anyone from 10 to 90 can benefit from earning the 30 points a week.

The meadowlarks were once considered game birds.

KREWATIN MEN'S Curling Schedule

Wednesday, February 21st
7:30 p.m.

Young - Allan
McInnes - Cannon
Caron - Rutherford
9:00 p.m.

Singulist - Bismonte
McCowan - Bogh
Pearson - Roberts

Thursday, February 22nd
8:45 p.m.

Torrie - Morden
Walsh - Letain
Halenson - Carlson
9:00 p.m.

Tresor - Morrison
Kozak - Sjostrom
McCleod - Johnson

Friday, February 23rd
7:30 p.m.

ICC REPAIRS
Saturday, February 24th
RENTAL
Sunday, February 25th
RENTAL

NEGLIGENCE BLAMED

Farm accidents may be caused by machinery or animals but in most cases, mishaps result simply from human negligence.

MALE HELP WANTED

THE ROYAL CANADIAN MOUNTED POLICE

HAS vacancies for single men between 18 and 29 years of age, Canadian who are at least 5'8" in height, have successfully served One Year and are of exemplary character and physically fit.

STARTING SALARY \$5,000 PER ANNUM

WITH generous fringe benefits and provision for annual increases during the first 4 years of service. Contact your nearest R.C.M.P. office or write to:

THE COMMISSIONER
R.C.M.P. OFFICE
OTTAWA 7, ONTARIO.

SUTCLIFFE

Insurance - Mortgages - Realtors

Evenings

Henry Wolfe - 468-6806
Ed Buchner - 468-7405
Walter Nicholson 547-2252

QUIET - PRIVATE IN NORMAN

- Three Bedrooms
- Low Taxes
- Landed

\$10,900

MAKE AN OFFER

Duplex on 7th Ave. So. Two self-contained suites, Asking \$8,500

Excellent Terms

TOURIST RESORT

LOCATED AT BEAUTIFUL LACLU

- 5 Furnished Cottages
- 200 Lake Frontage
- Excellent Location
- Terms Available

\$15,500

LOT FOR SALE AIRPORT ROAD 23 x 150'

\$1,200

FIRST ST. SOUTH
Two Homes On One Lot
WAS \$12,500
NOW \$10,500

FUNERAL DIRECTORS

Brown Funeral Home (Kenora) Ltd.
Funeral Director
420 Broadway Street S.
Phone 468-5883

STATE WINDOW & FLOOR CLEANING

Modern Cleaning and Restoration Service
Commercial and Residential
468-8907
Venetian Blinds Cleaned and Repaired
Wall Washing, Interior Painting

K.C. Hockey Pool

SHUT OUT POOL THIS WEEK IS \$550.00

T.V. GUIDE

COMPLEMENTS OF SHERWIN-WILLIAMS
Paint & Wallpaper Store

WEDNESDAY, FEBRUARY 21, 1968

Time	Channel	Program
5:00	10	10:00 Indian My
5:30	10	5:30 News, Weather and Sports
6:00	10	6:00 News, Weather and Sports
6:30	10	6:30 The Mothers-in-Law
7:00	10	7:00 Mission: Impossible
7:30	10	7:30 Mission: Impossible
8:00	10	8:00 Mission: Impossible
8:30	10	8:30 Mission: Impossible
9:00	10	9:00 Mission: Impossible
9:30	10	9:30 Mission: Impossible

THURSDAY, FEBRUARY 22, 1968

Time	Channel	Program
5:25	10	5:25 Headlines
5:50	10	5:50 Ed Allen
6:00	10	6:00 Canadian Schools
6:30	10	6:30 Friendly Giant
7:00	10	7:00 My Darling
7:30	10	7:30 The Dick Van Dyke Show
8:00	10	8:00 The Dick Van Dyke Show
8:30	10	8:30 The Dick Van Dyke Show
9:00	10	9:00 The Dick Van Dyke Show
9:30	10	9:30 The Dick Van Dyke Show

Now Use... PROVINCIAL GLAZE

TO REFINISH OLD FURNITURE WOODWORK OR WOOD PANELLING IN 18 COLORS

IN WOOD TONES DEEP TINTS AND SOFT TINTS

SIMPLE TO USE NO REMOVING NECESSARY

SEE IT NOW AT Sherwin-Williams PAINT & WALLPAPER STORE
Ask for DUNC MCCUNN

FOR SALE

FOR SALE—Viking fridge, \$35.00. Phone 468-5051 after 5 p.m.

FOR SALE—1955 Ford Faltone in running condition. Good for parts. Phone 468-7602.

FOR SALE—Built-in 50 gallon aquarium, complete with plants, tropical fish, lighting, pump, heater, etc. Must be seen to be appreciated. Asking price \$100. Phone 468-6992 after 5:00.

FOR SALE

FOR SALE—2 bedroom house and garage. For further information Phone 468-8761.

FOR SALE—61 Chev. A-1, 1960. Good condition. Phone 468-5417.

FOR SALE—21" Admiral TV. New picture tube. \$70.00. Phone 468-6268 after 2 p.m.

FOR SALE

FOR SALE—1964 4 wheel drive jeep. Model J-300. Complete with snow plow. Will accept trade. Phone 468-7861.

FOR SALE—Girl's skirts size 10 and 12. \$1.50 each. Phone 468-8445.

FOR RENT

FOR RENT—1 bedroom close to downtown. Available about March 5. Phone 468-7134.

FOR RENT—3 room furnished suite for quiet single ladies. Phone 468-6943.

FOR RENT—Furnished 3 room modern cabin also motel rooms. Gayle's Motel, West Highway, Kenora, Ontario.

WANTED

WANTED—Cleaning lady - 1/2 day per week. Phone 547-3378.

WANTED—Right man to share apartment. Phone 468-5082 after 4 p.m.

WANTED—Skilled mechanic as full partner in marine retail business. No capital investment required. Phone 468-6572.

WANTED IMMEDIATELY

Wanted immediately—Pulp wood cutters with own equipment. Apply Gagnier Lumber Ltd. P.R. 1. Phone 548-4057.

WORK WANTED—local painter and decorator would like printing and decorating jobs. Will accept lay offs. Reasonable rates, references. 468-6921.

GOOD MAN OVER 40 for short trips surrounding Kenora. Man who want is worth up to \$12,000 in year, plus regular cash bonus. Air mail President, Dept. I.R.P.O. Box 70, Station R, Toronto 17, Ontario.

HELP WANTED

HELP WANTED—Handy man for hotel. Day shift. Phone 468-8958.

WANTED—Appliance and furniture salesman. Apply the Manager, Marshall Wells, Kenora, Ontario.

WANTED TO BUY—Vauxhall, Ph 547-2607.

PERSONAL

AMAZINGLY QUICK RELIEF—for discomfort of mouth sores, white canker spots, dental plate sores, tender gums, with Fletcher's Sore Mouth Medicine, \$1.00 at Johnson Pharmacy.

THE MAN FROM MARR'S

FOR SERVICE OUT OF THIS WORLD

SALES OR RENTALS ON ALL EQUIPMENT SEE W. H. MARR (TWIN CITY) LTD. PHONE 468-6404

FOR AUTHORIZED I.C.L. DISTRIBUTOR

KENORA DAILY MINER AND NEWS

Published every afternoon (Monday through Saturday) at 24 Second Street, Kenora, Ontario.

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SELL TOMORROW with a WANT AD TODAY!

Kenora Miner and News
PHONE 468-8936

JUVENILE HOCKEY

KEEWATIN vs. BEAVER BRAE on THURSDAY, FEBRUARY 22nd
KENORA RECREATION CENTRE

FEMALE CARETAKER

REQUIRED FOR DAY WORK AT THE NEW RECREATION CENTRE

Apply in Writing Only To
MR. BILL SWAN, Arena Mgr.
KENORA RECREATION CENTRE

SHOP EASY

HOME OF TOTAL SAVINGS

Food is a Bargain

HIGH QUALITY, LOW PRICES

HIGH QUALITY, LOW PRICES

STRAINED OR JUNIOR — HEINZ
Baby Food

(SAVE 31c)

10 **99c**
5 oz. tins

KLEENEX
Tissue

(SAVE 19c)

3 **89c**
400'S PKGS.

CAMPBELL'S
Soup

All Chicken & Mushroom Varieties

(SAVE 14c)

5 **89c**
TINS

MODERN
Ice Cream

(SAVE 30c)

All Flavors
3 pt. **59c**
Ctn.

SWIFT'S SILVERLEAF

LARD

7 **\$1.00**
1 LB. PKGS.
(Limit 7 lbs. with \$5.00 Food Purchase or Over)

(SAVE 75c)

SHOP AND SAVE AT SHOP-EASY ON THESE BARGAINS!

Tuna

Bye The Sea Chunk, Light 6 1/2 oz.

3 **\$1** Tea Bags

RED ROSE 90'S **75c**

Peas

Libby's Fancy Ass't'd. 14 oz.

5 **99c**

Jello

Jelly Powder Ass't'd. Flavors Reg. Size

6 **69c**
PKGS.

Flour

Aunt Jemima Pancake 56 oz. pkg.

59c **Syrup**

Nutty Club 32 oz. cont.

39c

ART LINKLETTER PICTURE ENCYCLOPEDIA COMPLETELY ILLUSTRATED IN FULL COLOR!
VOLUMES 1 to 8 NOW ON SALE! EA. 69c

- Orange Juice Libby's Frozen - 6 oz. 5 tins 99c
- Corn Flakes Kellogg's - 12 oz. 4 for \$1
- Peaches Libby's, Sliced, Halves - 14 oz. 3 tins 89c
- Minute Breakfast All Flavors 9 oz. pkg. 59c
- Sauerkraut Libby's Fancy 28 oz. tin 29c
- Aspirin Bayer's - 100's 59c
- Apple Sauce Smart's - 14 oz. 3 tins 49c
- Facial Soap Dove - Reg. 2 for 49c

E.V.T.

Extra Value Trimmed Meats!

FREE **Recipes** MENUS & RECIPES

WHOLE SHOULDER - 5 to 6 LB. AVGE.

Pork Roast

FRESH SAVE 20c LB.
LB. **35c**

Red or Blue Brand - Ideal for Swiss Steak

Round Steak

SAVE 17c LB.
LB. **88c**

Fresh Light - Ideal for Swt. and Sour Ribs

Side Spareribs

SAVE 18c LB.
LB. **57c**

LOIN RIB

Pork Chops

SAVE 20c LB.
LB. **55c**

RUMP ROAST

Red or Blue Brand All Meat, No Waste - Boneless lb. 99c

LOIN ROAST

Pork Tenderloin End lb. 59c

CENTRE CUT CHOPS

Pork Strictly Centre Cuts lb. 67c

PORK STEAKS

Shoulder lb. 47c

BEEF & PORK SAUSAGE

Large Link Economy lb. 49c

BACK BACON

Sweet Pickled By the Piece lb. 69c

SLICED SIDE BACON

Eversweet 1 lb. pkg. - Vac Pack lb. 59c

DINNER HAMS

Boneless - Swift's Premium All Meat - No Waste, Fully Cooked lb. 99c

BOLOGNA

Swift's By the Piece 3 lbs. \$1.00

PICKEREL FILLETS

Fresh lb. 99c

Shop-Easy Produce — High Quality, Low Price!

Grapefruit

California White 56's 12 **99c**
FOR

Oranges

Mexican 5 LB. BAG **59c**

Cabbage

California 2 **33c**
LBS

CELERY STALKS

ca. 29c

GREEN ONIONS

and RADISH Celro 2 bchs. 27c

WE RESERVE THE RIGHT TO LIMIT QUANTITIES — PRICES EFFECTIVE — FEBRUARY 21 - 24 1968

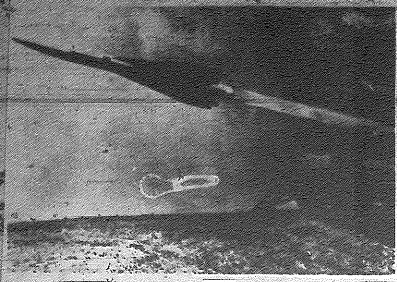
DON'T FORGET FRIDAY NIGHT 8:05 p.m. FREE GROCERY DRAW



Woolmark Affiliate

HOME OF TOTAL SAVINGS

HIGH QUALITY, LOW PRICES



Headed for Target

A Hawk missile streaks off its launcher bent on destruction of an intruder of American air space. The Hawk can search out and destroy attacking high performance aircraft or air-breathing guided missiles at low altitudes. Manned by U.S. Army Air Defense Command troops, the weapon is part of the defensive arsenal available to the North American Air Defense Command for defense of this continent against air attack.

Alaska Unit Goes Long Way To Get Job Done

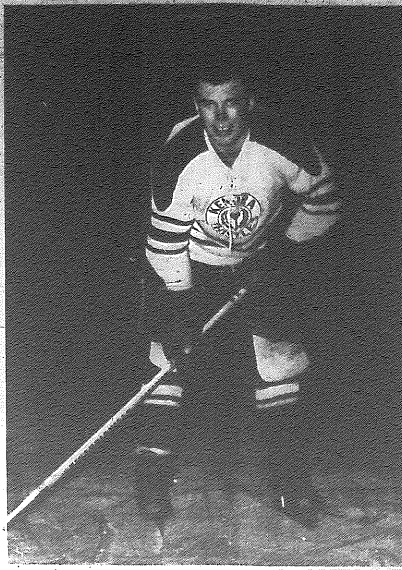
ELMENDORF AFB, Alaska (AP)—The 17th Tactical Reconnaissance Squadron is a member of the Alaskan Air Command, headquartered here. But, one of its primary jobs is on the other side of the continent.

Thousands of miles from here, out on the Greenland ice cap, are two stations of the Distant Early Warning Line, both depend on the 17th for their logistic support.

No roads or rail lines cross the windy, shifting surface of the ice cap. The only means of transportation is dog sled and plane. So, every sick of lumber, every man, piece of equipment—everything going to or coming from the two radar sites is carried by the 17th.

The squadron's mighty C-130 aircraft don't make the long haul from Alaska, however. The 17th keeps a detachment of the ski-equipped aircraft at Sondrestrom Air Base, Greenland, to do the job, a part of maintaining a formidable air defense system for North America.

KNOW YOUR THISTLES



Allan Minor is a home grown local product, 21 years of age, and plays right defence for the Kenora Thistles. He tips the scales at 190 pounds.

Allan played all his minor hockey from the Rideout Community Club. In 1965 he went to Fort Frances to play with the junior Royals. After a year with the Thistles, he went to Selkirk and spent a season with the Steelers of the Manitoba Junior League. Last fall he went to Fort Wayne for three weeks with the Komets who have a working agreement with the New York Rangers.

All is single and his first love still is hockey. He is a rugged hard-hitting type defenceman. He is employed with Lindstrom and Nilson.

He thinks that young hockey players should work hard at their education first before taking serious steps towards hockey. He believes that skating is very important and the young players should master this part of the game first.

Allan will be in action tonight when the Fort Frances Canadians come to town for a rubber match with the Thistles. Each has won one game in convincing style over the other by a five goal margin.

Canadians are here in place of the West Kildonan North Stars who begin play-offs tomorrow. Game time tonight is 8:30 at the Recreation Centre Arena.

Texstyles

Madeleine Pearson

In these days of easy care fabrics it is fascinating to learn that in Canada 100 years ago it was necessary to equip the kitchen of a small family with the following pieces of wood ware—'a wash bench, three sizes of wash tubs, a wash board, a skirt board, a bosom board, a clothes stick and a clothes wringer.'

This is another interesting item from The Historical Canadian Almanac edited by Lena Newman and published recently by McClelland and Stewart.

"In the days of the Huron tract in the early 1800's, there were tremendous washboards. Although the laundress protected her hands with bandages, often the blood came. Women wore as many as five white immense ruffled-shirts, which after ironing were 'set' upon barrels to make the starch take a proper shape. Flounced muslin dresses with full and bell sleeves and men's white shirts added to the terrors of the ironing day."

Modern textile science has eliminated these terrors of washings and ironings but a lot of Canadian women simply won't believe it. They refuse to accept easy-care fabrics for what they are, and insist on treating them in the old harsh ways which defeat their purpose.

Now, it takes a determined laundress to ruin guaranteed washable fabrics but many Canadian women seem to be talented in this regard. Boiling water, strong bleaches, elderly washing machines, and over-heated dryers cause ladies seem to use them all.

Boiling clothes to get them clean belongs to the past. Chlorine bleaches, if used strong enough and often enough will rot any fibre and damage the fasteners. Boiling water, strong bleaches, elderly washing machines, and over-heated dryers cause ladies seem to use them all.

"Drip dry" means just what it says. Fabrics which have been either chemically treated or heat set to retain their original shape should not be put through a wringer or a dryer. The wringer puts stresses in and the heat of the dryer may break down the finish. Leaving clothes too long in the washer can result in a tangled mass of frayed seams and popped buttons.

We don't need washboards to scrub clothes, we don't need to boil starch and then spend hours ironing easy-care fabrics to achieve a smooth, neat finish. Fabric finishes are designed to make washing easy and to give easy care and better performance. Overheated dryers can literally cook the goods of some special finishes resulting in drip and droop.

One handy reference chart which is ideal for pinning up in the laundry room is published by the Canadian Textile Institute. Entitled simply "Fibre and Fabric Facts" this chart groups the natural and man-made fibres in "families" listing their origins, characteristics and recommended care. Like all families, related fibres exhibit similar qualities and similar drawbacks and these are listed in "do's and don'ts" under each.

Copies of this chart can be obtained by writing to the Canadian Textile Institute, 1989-Beaver Hall Hill, Montreal.

HOUSEHOLD HINT

Egg whites beat quicker and higher if you add a tiny pinch of salt and let them stand until they're room temperature before beating.

James Auld Jumps In Lake

COCHRANE, Ont. (AP)—Aid, minister of justice and information, was told to jump in the lake during the weekend. He did.

Mr. Auld made the jump into Lake Simcoe as part of winter carnival festivities in this community 45 miles northeast of Timmins.

He took a steam bath for 45 minutes before the plunge.

The temperature was 10 degrees below zero and winds brought the chill factor to 35 degrees below zero.

"I have always wanted to do this," Mr. Auld said after he was plucked from the icy water.

Canadian Film Is Nominated

HOLLYWOOD — A Canadian film, produced for the Ontario government, was one of the nominees in the short-subject category when the 40th annual Academy Award nominations were announced Monday.

The film, A Place to Stand, was produced for the Ontario economics and development department by TDF Productions, with Christopher Chapman as producer.

It was shown at the Ontario pavilion at Expo 67 and currently is being shown around Ontario, in such places as public libraries.

CHECK RIVER HOGS

DERBY, England (AP)—A special patrol along the River Trent is being launched by the British Waterways Authority to catch "river hogs"—powerboat owners who speed up and down the river, disturbing other users and damaging the bank with the wash from their craft.

LONDON

George Hackenschmidt, once the terror of the wrestling world and known as the strongest man in the world, died here Monday. He was 90. Hackenschmidt, "the Russian lion," was world champion heavyweight wrestler for 14 years.

EX-REPRESENTATIVE

TORONTO — Thomas Vernon Ayers, former National Hockey League defenceman with New York Americans, New York Rangers, Montreal Canadiens and St. Louis Flyers, scored the last goal on the ice in a father-son hockey game Sunday night. He was 59. In 28 games with New York Rangers in 1955-56, Ayers collected a total of 350 minutes in penalties while scoring six goals.

This combo makes the best accompaniment: bean soup, sliced cheese and crackers, raw vegetable sticks, apple pie, milk. Best of all you can fix it yourself.

Live High ...

GO CLASSIFIED

Everyone Reads The Miner & News

PHONE 468-8936

All Members of the Kenora Council 2805 of the Knights of Columbus Are Requested To Attend Prayers at the

BROWN FUNERAL HOME CHAPEL

AT 7:00 P.M.

THIS EVENING (WEDNESDAY)

FOR OUR LATE BROTHER

John B. Veitch

herbs can relieve...

...the dull nagging pains of ARTHRITIS

Since 1934 thousands have found speedy, welcome relief from the dull, nagging pains of arthritis or the sharp, stabbing pain of rheumatism by using a special herbal formula called A-R TABLETS.

WHY USE HERBS? During the 50 centuries that mankind has sought help from the "green medicines of nature," such herbs as Wintergreen, Burdock, Barbary and Dandelion have enjoyed an excellent reputation in easing chronic arthritis and rheumatic complaints. Combining these traditionally helpful herbs with an anti-goutic makes A-R Tablets all the more effective.

If you feel dull nagging pains or numb, tingling sensations in your wrists, hands, ankles, or joints or if your neck feels "cranky" or your lower back aches, try the Health Supply Centre's A-R Tablets, consisting of seven herbs plus anti-goutic. Only \$1.25 for a trial size carton.

The Health Supply Centre's A-R TABLETS for Arthritis and Rheumatic Pains

AVAILABLE AT:

WILLEY'S PHARMACY JOHNSON'S PHARMACY

221 MAIN ST. E. 110 MAIN ST. S.

Color TV Tested For Radiation

TORONTO Health Minister Matthew Dymond said Monday federal and provincial health authorities have investigated possible harmful radiation from exposure to color television sets.

Replying in the legislature to Ray Haggerty (L—Wollast South), Dr. Dymond said his staff made tests and "minimal exposure was found to radiation."

"Some color TV sets did appear on the market with defective tubes and these have been recalled and corrected," he said.

The minister said radiation's intensity decreased rapidly in passing through air and became undetectable a few feet away "even from sets which exceed the recommended level at the set."

"MCKELVIES" KEEWATIN

PRICES EFFECTIVE FEBRUARY 22, 23, 24

Kleenex Tissues, Pop-up - 400's	3 for 89c
Toilet Tissue Ballet, Ass'd. Colors	8 for \$1
Domestic Shortening 1 lb. pkgs.	2 for 75c
Pears Aylmer, Fancy Bartlett's - 14 oz.	3 for 89c
Instant Breakfast Carnation	6 env. pkg. 59c
Detergent Duz, Reg. - With Free Facecloth	49c
Cooking Oil Canada Packers, Capri - 21 oz.	55c
Peanut Butter	3 lb. tin 99c
Cake Mixes Duncan Hines - All Flavours	2 for 89c
Hams Barr's, Pear-shaped - 1 1/2 lb.	\$1.59

CHEESE I.G.A. Random Weight	any pkg.	5c Off Reg. Price
POTATO CHIPS I.G.A. - 14 oz. Twin Pak		59c
ICE CREAM I.G.A. Royal Gold	1/2 Gal.	79c

TABLE-FRESH PRODUCE

Cabbage Calif. - Fresh, Green	Potatoes Man. Reds	Oranges Mexican, Juicy, Sweet
2 1/2 lbs 29c	25 lb. bag 95c	5 lb. bag 59c

FROZEN FOODS

Sara Lee CAKES 12 oz. German Chocolate, Orange or Brownies

69c

BLUE WATER HADDOCK AND CHIPS 20 oz.

59c

Fraservalo CORN ON THE COB Poly 4 Pak

45c

TABLE-RITE MEAT RED STEER BEEF

STEAKS Sirloin, T-Bone, Wing	lb.	99c
STEAKETTES Maple Leaf, Beef	lb.	59c
SAUSAGE Swift's, Pure Pork	1 lb. pkg.	55c
BACON Peamealed, Back In The Piece	lb.	69c
GARLIC SAUSAGE Devon Brand	lb.	49c

New Power Toboggan YEAR END CLEARANCE

ALL MODELS REDUCED

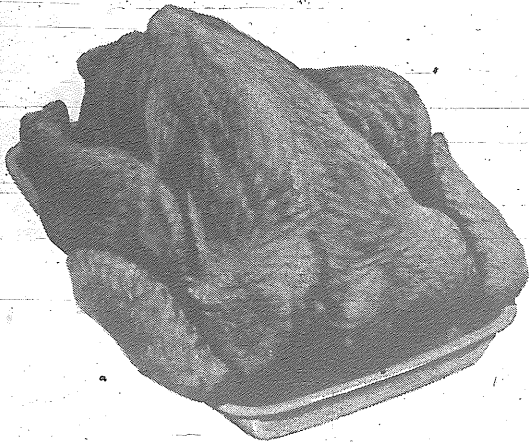
30% MACLEODS

HAVE YOU PLEDGED TO THE COMMUNITY CENTRE FUND?

There Is A Need For Further Funds And Your Support Would Be Greatly Appreciated

Pledges or Payment May Be Made at Any Bank, Credit Union or at the Recreation Centre Building

SHOP ON QUALITY FOOD SHOP HERE!!!



FRYERS

GRADE 'A' EVISCERATED
2 - 3 lb. Average

39^c

lb.

BLADE ROAST

RED OR BLUE BRAND BEEF
BLADE and BACK STRAP REMOVED

lb. **59^c**

Cross Rib Roast

RED OR BLUE BRAND BEEF
SEMI-BONED, VALUE CHECK'D

lb. **69^c**

BOILING BEEF

Lean, Plate

3^L \$1^B

Pure Pork Sausage

BURN'SL.B.

49^c

VEAL TONGUE

lb. **39^c**

LIVER CHUBS

Liver and Bacon
Braunschweiger
8 oz. ass'dea.

29^c

COOKED HAM

Maple Leaf
Slicedlb.

99^c

APPLE PIE FILLER Royal Valley - 19 oz. 3 tins **89^c**
POWDER DETERGENT Breeze, King Size - 25c Off ... **\$1.69**
CHEESE WHIZ Kraft16 oz. jar **69^c**
COCOA Nelson's1 lb. tin **69^c**
INSTANT COFFEE Chase & Sanborn - Save 30c ...10 oz. jar-**\$1.49**
CORN FLAKES Kellogg's - 12 oz. pkgs. 2 for **65^c**

CARNATION
EVAPORATED

MILK

15 OZ. TINS

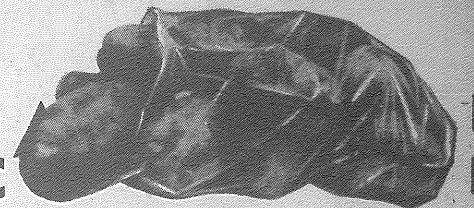
4^T 69^c

FRESHER PRODUCE FROM ALKAYE'S

POTATOES

Manitoba No. 1 Reds

10^{L.B. POLY BAG} 45^c



Kleenex

POP-UP, 400's BOX
Aqua, Lavender, Pink,
White, Yellow

3^F 89^c

MACARONI DINNERS Kraft, Delicious - 14 oz. ... 2 pkgs. **79^c**
TOILET SOAP Dove, Reg. - 2's **45^c**
JUICE Libby's Pineapple - 48 oz. 3 tins **95^c**
JUICE Heinz Tomato - 48 oz. 2 tins **89^c**
MIRACLE WHIP Kraft32 oz. jar **69^c**
PANCAKE MIX Aunt Jemima56 oz. pkg. **59^c**

APPLES **\$2.99**

R.C. Hand-Pak, Fancy Red Delicious
19 lb. Box

ONIONS **39^c**

Ontario No. 1 - 3 lb. Vexar bag

CELERY HEARTS

Californiaea. **39^c**

LEMONS

California Jumbo, 115's, Choice 5 for **29^c**

CABBAGE

California
Large

2^L 29^c

TOOTHPASTE Pepsodent, Family - 20c Off **79^c**
MINUTE RICE24 oz. pkg. **79^c**
HAIR SPRAY Silvikrin, Hard or Reg. - 6 oz. tins **99^c**
SYRUP Rogers, Can. - 2'stin **37^c**
SKIN CREAM Noxzema - 8 oz. - Reg. \$1.49spec. **\$1.29**
CHERRY BUNS Weston's, Iced - 12'spkg. **45^c**

ROBIN HOOD
CELEBRATION

CAKE MIX

Comb., Devil, White,
Chocolate - 19 oz. pkg.

3^F \$1.00

FROZEN FOODS

Orange Juice Libby's - 6 oz. 4 tins **89^c** | **Fench Green Beans** Libby's 10 oz. pkg. **29^c**
Strawberries Libby's - 15 oz. 2 pkgs. **99^c** | **Asparagus Spears** Libby's 10 oz. pkg. **55^c**
Peas & Carrots Libby's 11 oz. 2 pkgs. **43^c** | **French Fries** Libby's 9 oz. pkg. 5 for **\$1.00**

ALKAYE

TOM-BOY



PRICES EFFECTIVE: THURS., FRI., SAT. — FEBRUARY 22, 23, 24
AT ALKAYE TOM-BOY FOODMASTER, LAKESIDE AND
ALKAYE TOM-BOY, 9th STREET NORTH

WE RESERVE THE RIGHT TO LIMIT QUANTITIES